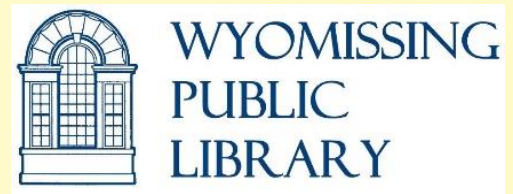


# AUGUST, 2026

## ADULT PROGRAMS



*Visit [www.wyopublib](http://www.wyopublib) to register for any of our adult programs, or call the library: 610-374-2385.*

**Saturday, Aug. 1<sup>st</sup>, 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup>, 29<sup>th</sup> - 10 AM - CHESS FOR ALL** – Whether you're new to the game or have been playing for a while, join us on Saturdays from 10 AM till 1 PM. All ages are welcome to drop in and play in the Main Reading Room.

**Tuesday, Aug. 4<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup>, 25<sup>th</sup> - 9 AM – QIGONG** – Jay Umble leads the practice of this ancient system of coordinated body-posture and movement, breathing, and meditation. \$5 weekly fee.

**Tuesday, Aug. 4<sup>th</sup>, 11<sup>th</sup>, 25<sup>th</sup> – 1 PM – EAT WELL – BE WELL** – The remaining 3 sessions which focus on creating good eating habit for older adults, including what to look for on food labels, nutrition information and what our bodies need as we age. The series is led by Kathy Roberts, Director of Health & Wellness for Berks Encore.

**Wednesday, Aug. 5<sup>th</sup> & 12<sup>th</sup> – 12 Noon – ART FOR ADULTS** – Artist Sara Miller will teach you how to create a pair of miniature wool succulent plants, using wet felting and needle felting techniques. No experience necessary, just a willingness to try something new. Class is limited to 12 students; cost is \$20 for both classes, materials included.

**Thursday, Aug. 6<sup>th</sup> & 20<sup>th</sup> – 12:30 PM – CHAIR YOGA**, with Sandy Riley-you'll learn how to focus, stretch muscles you didn't know you had, and use your breath to still your mind, all from the comfort of your chair.

**Thursday, Aug. 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup>, 27<sup>th</sup> – 6:30 PM – STRETCH & FLOW with Maddie Hertzog** -your gateway to balance, strength and serenity. Suitable for all levels. Register at [www.maddiehertzog.com](http://www.maddiehertzog.com)

**Saturday, Aug. 8<sup>th</sup> – 8 AM – 1 PM – Annual YARD SALE!** – if you're looking for a treasure, you'll want to see what's for sale at our yard sale; if you want to find a new home for your gently used household items, bring them to the Opportunity House Truck between 11am and 1 PM.

**10 AM-1PM – SUMMER BLOCK PARTY** – bring your kids and grandkids to our annual Block Party, for games, snacks, music, and other treats to celebrate Summer Reading.

**Monday, Aug. 10<sup>th</sup> – 6 PM -CLASSICS BOOK CLUB** – Daphne du Maurier's 1936 novel, **JAMAICA INN**, is a classic tale of murder and thievery, shipwrecks and romance. Join the conversation!

**-OVER-**

**Tuesday, Aug. 11<sup>th</sup> & 25<sup>th</sup> – 4 PM - BRIDGE FOR ALL** – whether you’re new to this popular card game or have been playing for a while, join the club!

**Wednesday, Aug. 12<sup>th</sup> – 6 PM - MOVIE NIGHT – “*IS THIS THING ON?*”** - this comedy/drama, written and directed by Bradley Cooper, and starring Will Arnett & Laura Dern, is the story of a couple whose marriage is unraveling at the same time that he’s trying to make it in the New York comedy club scene. Rated R; running time 2 hours. Free popcorn!

**Thursday, Aug. 13<sup>th</sup> – 5 PM – MYSTERY BOOK CLUB – *MEDICUS: A NOVEL OF THE ROMAN EMPIRE***, by Ruth Downie. Gaius Petrius Ruso is a divorced and down-on his luck army doctor who has made the rash decision to seek his fortune in an inclement outpost of the Roman Empire.

**Monday, Aug. 17<sup>th</sup> – 6 PM – TOLKIEN BOOK CLUB** – This month’s selection is “*LEAF BY NIGGLE*” from Tolkien’s collection, Tales from the Perilous Realm. This short story tells of a painter's quest to capture the perfect tree.

**Wednesday, Aug. 19<sup>th</sup> - 6 PM – WPL BOOK CLUB – *THE BIRD MAN AND THE LAP DANCER***, by Eric Hansen – The author is an anthropologist/explorer who has been compared to a literary Indiana Jones.

**Saturday, Aug. 22<sup>nd</sup> – BUS TRIP TO THE LIBRARY OF CONGRESS NATIONAL BOOK FESTIVAL** – round trip bus fare is \$75/per person. Meals and snacks on your own. If you love books, this trip is for you! Deadline to register is Friday, Aug. 14<sup>th</sup>; visit our website or come to the main desk.

**Wednesday, Aug. 26<sup>th</sup> – 6 PM – CENSORED BOOK CLUB – *IDENTICAL***, by Ellen Hopkins – this YA book is the story of identical twins who struggle with family secrets. Have you read it? Why is it banned in some schools? Come for the discussion!

**Saturday, Aug. 29<sup>TH</sup> 7-10 PM– ROARING STACKS** at the Library – a Speakeasy Soiree at the Library – enjoy food, drinks, music and entertainment, and a Silent Auction, at our inaugural major fundraiser. All proceeds benefit the library. For tickets visit <http://wyopublib.square.site/>