



## APRIL, 2025 ADULT PROGRAMS

**Tuesday, April 1<sup>st</sup>, 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup> & 29<sup>th</sup> - 9 AM – QIGONG** –Jay Umble leads the practice of this ancient system of coordinated body-posture and movement, breathing, and meditation. \$5 weekly fee.

**Wednesday, April 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup> & 23<sup>rd</sup> – 1 PM – EAT WELL, BE WELL** – Kathy Roberts, Health & Wellness Director for Berks Encore, teaches this 4-part class on healthy eating.

**Wednesday, April 2<sup>nd</sup> – 6 PM – TELLING YOUR STORY** – Rebecca Hartman, area storytelling artist, will facilitate a discussion about how to mine your memories for stories, explore ways to raise the level of your story, and how to deliver a story for any occasion. She'll also perform one of her own stories, "The Cheerleader Within."

**Thursday, April 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup> - 12:30 PM – CHAIR YOGA** -Linda Zogas will lead you through this practice which will enhance your breathing, build your meditation skills, and lengthen and strengthen your muscles and joints. Wear comfortable clothing.

**Thursdays, April 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup> – 6 PM – STRETCH & FLOW with Maddie Hertzog** -your gateway to balance, strength and serenity. Suitable for all levels. Register at [www.maddiehertzog.com](http://www.maddiehertzog.com)

**Saturday, April 5<sup>th</sup>, 12<sup>th</sup>, 26<sup>th</sup> - 10 AM - CHESS FOR ALL** – Whether you're new to the game or have been playing for a while, join us on Saturdays from 10 AM till 1 PM. All ages are welcome to drop in and play in the Main Reading Room.

**Monday, April 7<sup>th</sup>, 14<sup>th</sup>, 28<sup>th</sup> – 4:30 PM – GREAT DECISIONS**

**Monday, April 7<sup>th</sup> – 6:15 PM – AMERICAN SCRIPTURE PROJECT** - Join us for an in-depth look at some of our nation's most important documents as we read them closely and discuss their implications. Rabbi Brian Michelson will facilitate the discussion of this month's scripture, **AIN'T I A WOMAN**, by Sojourner Truth.

**Tuesday, April 8<sup>th</sup> & 22<sup>nd</sup> – 4:30 PM – BRIDGE FOR ALL** – whether you're new to this popular card game or have been playing for a while, join the club!

**Wednesday, April 9<sup>th</sup> – 6 PM – LONGWOOD GARDENS COMMUNITY READ: This year's selection is Paradise Under Glass: the Education of an Indoor Gardener** by Ruth Kassinger. Master Gardener Mary Ellen Mahan will lead the discussion of the book and how some of the ideas for building may be adapted to our own places.

**Monday, April 14<sup>th</sup>, 28<sup>th</sup> – 1 PM – NEW TIME** – if you like **SCRABBLE**, come join us at the library from 1-3 PM! Boards and tiles provided.

**Monday, April 14<sup>th</sup> – 6:15 PM – THE JANE AUSTEN BOOK CLUB** – this month's selection is her second novel, Pride & Prejudice, written in 1813.

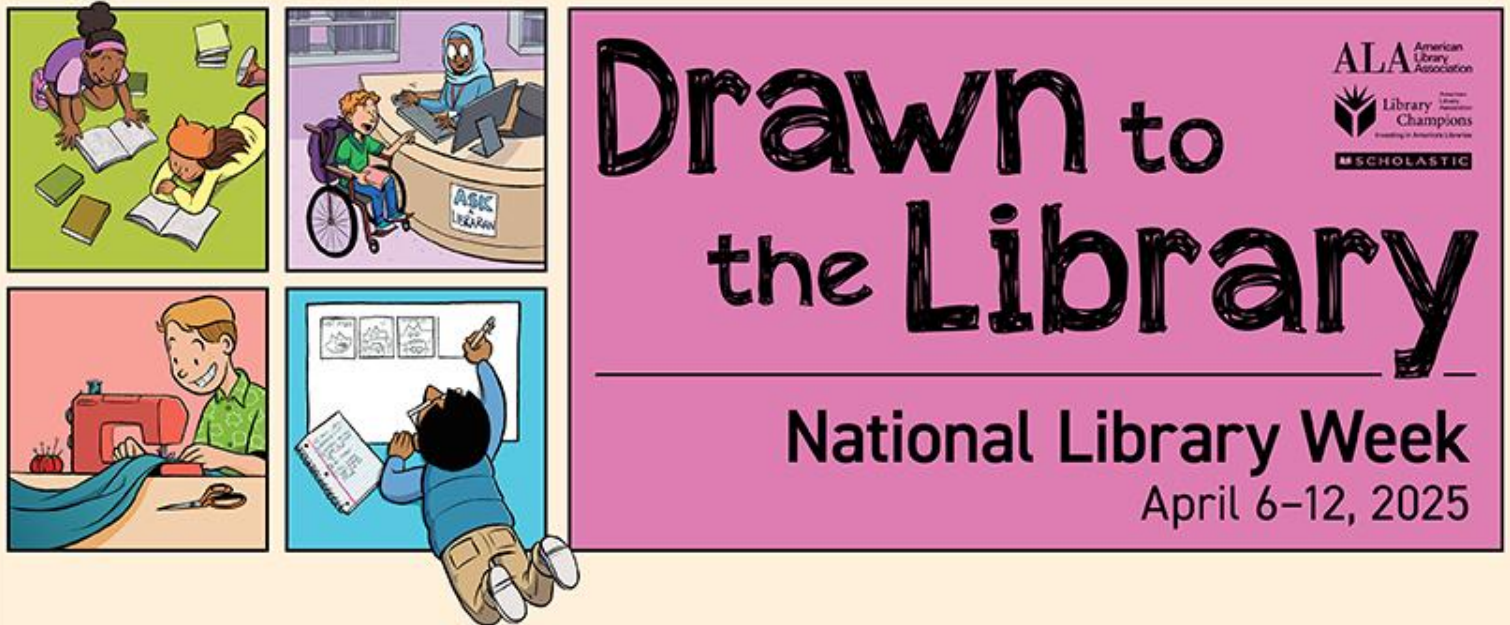
**Tuesday, April 15<sup>th</sup>, 5:30 PM - THREATS TO THE INDEPENDENCE OF PENNSYLVANIA'S JUDICIARY/JUDICIAL ETHICS** – PMC's President & CEO, Debbie Gross, Esq., will lead the presentation. Come for pizza, stay for the program!

**Wednesday, April 16<sup>th</sup> – 6 PM – WPL BOOK CLUB – Poverty, By America**, by Matthew Desmond, author of Evicted. Why do so many people in the United States suffer from greater poverty than anywhere else in the developed world?

**Tuesday, April 22<sup>nd</sup> & 29<sup>th</sup> – 1 PM – ART FOR ADULTS** -Artist & instructor Sara Miller will help you explore wet felting and embroidery to create small pouches. No experience necessary; register early - class is limited to 15 people! \$20 for the 2 classes, payable on or before April 22<sup>nd</sup>.

**Wednesday, April 23<sup>rd</sup> – 6 PM – CENSORED BOOK CLUB** – This month we're reading the YA novel, American Street by Ibi Zoboi, a National Book Award finalist. Join us!

**Wednesday, April 30<sup>th</sup> – 6 PM – Movie Night: "PRIDE & PREJUDICE"** –The classic tale of love and misunderstanding. Rated PG. Running time: 2 hours, 9 minutes. Free popcorn!



The library will be closed on Friday, April 18<sup>th</sup> & Saturday, April 19<sup>th</sup>.